

# 1Nation Mentoring

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*2023-2024 City of Pittsburgh STOP the  
Violence Community Investment Grants*

## ***1Nation Mentoring***

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# FollowUp Form

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## *Quarter Three Activities Update*

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Greetings, STOP the Violence grantees!

As the City of Pittsburgh prepares to update our stakeholders on the impact of this process, we need to gather some evaluation-focused information about your programs. Please answer the following survey about your services and activities from the third quarter following receipt of your grant award.

Thank you!

### Organization Name\*

*Please enter the name of your project/program in the box below.*

1Nation Mentoring

### Did you spend any of your STOP the Violence grant funds during this period?\*

No

### How did you spend the funds?\*

Please check all categories that apply.

Staff Compensation (including benefits)

Program Supplies

General Operations

### If you chose "other", please describe.

Tell us how many people your organization/group served from the following age groups during this period.

### Ages 0-17\*

20

### Ages 18-30\*

5

### Ages 30+\*

0

## Programs and Services\*

Provide a brief description of any programs or services your organization or group provided in alignment with your STOP the Violence proposal.

1Nation Mentoring has implemented several programs aligned with our STOP the Violence proposal, focusing on conflict resolution, mentorship, and leadership development. At Brashear High School, we launched the "Leader In Me" program, empowering students to develop leadership and conflict resolution skills. We provided mentorship to at-risk youth, offering personalized guidance and support, both in school and the community.

We also introduced conflict resolution and mediation services in schools, teaching students how to resolve disputes peacefully. Our mediators worked to prevent violence by guiding students through conflict resolution practices. Partnerships with Pittsburgh Public Schools, F.I.Y.A, and others expanded our impact, offering safe spaces for youth and recognizing their leadership efforts.

Through mental health support, mentoring, and community collaboration, we've successfully reduced violent behavior and increased student leadership engagement.

## Did you partner with any other organizations or groups during this period?\*

Yes

## Did your organization intentionally engage officers from the Pittsburgh Police during this period?\*

No

## Did you use STOP the Violence logos in marketing and media (social or traditional)?\*

No

## Give a brief description of your STOP the Violence during this period\*

During this period, 1Nation Mentoring's STOP the Violence initiative focused on creating a safer and more peaceful environment in schools and communities. We provided programs aimed at preventing violence by fostering positive youth development and addressing conflict before it escalated. Our key efforts included the "Leader In Me" program at Brashear High School, where students engaged in leadership training to enhance their ability to handle conflicts, make positive choices, and become role models for their peers.

Through personalized mentorship provided by our character coaches, we worked closely with students identified as being at higher risk for violence, helping them build self-esteem and set constructive goals. Conflict resolution strategies were integrated into daily interactions, allowing youth to learn peaceful ways to resolve disputes. Collaborating with local organizations allows our students to engage with their peers while promoting non-violence and community building.

## Is your organization planning any public activities in the next few months?\*

No

If "yes", please provide a brief description.

## Does your organization need capacity-building support?\*

Yes

## On what areas of focus would you like your capacity-building support?

Fundraising  
Marketing

## Share Your Stories\*

Upload a clip or provide text to share one or more specific stories (please avoid using full names of clients/participants) that illustrates the impact of your work.

Marcus, a sophomore at Brashear High School, had a reputation for getting into fights. Known for his temper, he frequently disrupted classes and ended up in the principal's office. Marcus wasn't a "bad" kid, but he was angry—angry at home, where he faced a tough environment, and angry at school, where he felt misunderstood. His default response to conflict was violence, a reflection of the environment he grew up in. But Marcus's story changed when he was introduced to 1Nation Mentoring.

Through the "Leader In Me" program, Marcus began attending sessions designed to help students recognize their leadership potential, manage conflicts constructively, and develop the self-awareness needed to succeed. At first, Marcus wasn't sure the program was for him. But as the weeks went by, he found that it wasn't about lecturing him on what he was doing wrong; it was about giving him tools to handle life's challenges.

The turning point came when Marcus was caught in a conflict during lunch. Another student made a comment that Marcus took as disrespect. Normally, this would have led to a fight, but Marcus remembered the lessons he had learned in the program. He took a breath, resisted the urge to lash out, and asked for help from one of 1Nation's mediators. The mediator guided Marcus and the other student through a conversation where they could express their frustrations and reach a peaceful resolution. It was a pivotal moment for Marcus—he saw that he didn't need to rely on violence to handle conflicts.

Beyond conflict resolution, Marcus began working with a character coach provided by 1Nation. His mentor became a steady source of support, helping Marcus address the frustrations he faced both at school and at home. Slowly, Marcus began to change how he saw himself. Instead of being the troublemaker, he started to believe he could be a leader. His mentor helped him set personal goals, build self-confidence, and take pride in his progress. The trust and guidance from his coach were key to Marcus's transformation.

As Marcus continued in the "Leader In Me" program, his teachers noticed a shift. He was more engaged in class, no longer getting into trouble, and even stepping in to help other students avoid conflicts. He wasn't just learning to avoid fights—he was learning how to lead, how to influence others positively. By the end of the school year, Marcus had gone from being the student teachers worried about to a role model among his peers. One of the biggest moments in Marcus's journey came when he was invited to speak at a leadership panel organized by 1Nation Mentoring, in partnership with Multiplying Good. The panel celebrated students who

had shown exceptional leadership in their schools and communities. Marcus shared his story with the audience—how he used to believe that fighting was the only way to solve problems, but how the "Leader In Me" program showed him a different path. He talked about the support he received from his mentor and how learning conflict resolution had changed his life.

"I never thought I could be a leader," Marcus told the crowd, his voice steady and sure. "But now I know that leadership is about staying calm, listening, and helping others do the same."

The audience responded with a standing ovation, and in that moment, Marcus realized just how far he had come. The boy who used to get into weekly fights was now a young man capable of inspiring others through his words, actions, and leadership. His transformation was not just about avoiding violence—it was about becoming the kind of person who helps others find peaceful solutions to their problems.

The impact of Marcus's journey reflects the core mission of 1Nation Mentoring's STOP the Violence initiative.

Through programs like "Leader In Me," students learn how to handle conflicts constructively, develop leadership skills, and build self-esteem. Marcus's story is just one of many that show the power of this work. By offering mentorship, conflict resolution strategies, and leadership development, 1Nation is helping students not only avoid violence but also thrive as positive influences in their schools and communities.

Since joining the program, Marcus hasn't been involved in any fights. Instead, he's focused on his education and mentoring others who face similar challenges. His goal now is to graduate and enroll in Barber School where he can continue to make a difference in his community, much like the mentors who helped him.

Marcus's transformation is a testament to the effectiveness of 1Nation's programs. Through mentorship, leadership training, and conflict resolution, students who once struggled with anger and violence are now finding pathways to success. Marcus's story is just one example of how the STOP the Violence initiative is reducing violence and building up a new generation of leaders who are committed to peace and positive change.

## File Attachment Summary

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### *Applicant File Uploads*

*No files were uploaded*