



PHILLIPS

Recreation Center



CURRENT PROGRAM OFFERINGS—Children

⇒ **Phillips Sports Ages 5-17 FREE**

Thursdays—3:30 to 4:30 PM

December 18, 2025 to February 19, 2026: A kids will enjoy playing a fun, classic game like Kixkbball, Wiffleball, Dodgeball, Volleyball, Soccer & Basketball. Developing fundamentals & friendships along with teamwork & sportsmanship.

⇒ **CARRICK Community Info Hub for Teens Ages 7-18 FREE**

Thursdays—5 to 6:30 PM

December 18, 2025 to February 19, 2026: **What's up in Carrick & What's coming up!** Youth & Center Staff will work together to create a bulletin of upcoming events & results of past events in the Carrick community, along with announcements and business shout-outs!

Information can be dropped off at the Center, Monday through Friday, 3:30 PM to Close.

⇒ **KinderSports Ages 2-5 FREE**

Mondays—10 to 11:30

September 8, 2025 to May 18, 2026: For children and their parent/guardian. Includes playtime in the gym along with story time, snacks and crafts.

Registration Required—Register in person or call Center

⇒ **After-School Club Grades 3-12 FREE**

Mondays-Fridays—3 to 5 PM

September 15, 2025 to May 22, 2026: Staff will be available to help with homework if needed.

Registration Required—Register in person or call Center

⇒ **"Teen Talk" Ages 13-18 (FREE)**

Thursdays—5:30 to 7 PM

with Mr. Phil Stinelli/Pittsburgh South Alliance Church. September 11, 2025—May 22, 2026: A youth mentoring program Includes discussion & open gym time. Dinner provided.

201 Parkfield Street

(Carrick)

Pittsburgh, PA 15210

412-885-7445

HOURS OF OPERATION

Monday-Friday: 9 AM to 7 PM

Saturday: 8 AM to Noon

Sunday: CLOSED

AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3:30-4 PM

Dinner: 5-6 PM

Free, first come, first served. 18 & under or 21 & under for special needs.



***Adult Programming listed on Page 2**



CITIPARKS
RECREATION



PHILLIPS

Recreation Center



CURRENT PROGRAM OFFERINGS—Adults

⇒ **Zumba! Ages 18+ FREE**

Mondays & Wednesdays—6 to 7 PM
September 8, 2025 to May 20, 2026: High-energy dance, full body cardio workout with Latin & International music.
Registration Required—Register in person or call Center

⇒ **Exercise Class for People with Disabilities Ages: 18+ FREE**

Tuesdays—10:30 to 11:30 AM
September 9, 2025 to May 19, 2026: Warrior Class at your own pace, and socialize with peers.
Caregiver must accompany guest.

⇒ **Hockey for People with Disabilities Ages: 18+ FREE**

Wednesdays—10 AM to 2 PM
September 10, 2025 to May 20, 2026: Sports & rec activities, socialization and refreshments.
Caregiver must accompany guest.
Registration Required—Register in person or call Center

⇒ **Arts & Crafts for People with Disabilities Ages: 18+ \$1/class for each participant**

Thursdays—11 AM to 1 PM
September 11, 2025 to May 21, 2026: Arts & Crafts program designed for individuals with special needs to explore creativity, build confidence & and social skills through hands on art projects.
Caregiver must accompany guest.
Registration Required—Register in person or call Center

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AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3:30-4 PM

Dinner: 5-6 PM

Free, first come, first served. 18 & under or 21 & under for special needs.

FACILITY/PARK OFFERINGS

- ⇒ Weight Room—requires Fitness Membership (\$5/month)
- ⇒ Full Court Gymnasium
- ⇒ Phillips Park
 - ⇒ Playground
 - ⇒ Basketball Court
 - ⇒ Phillips Swimming Pool (Outdoor/Seasonal)
 - ⇒ Tennis Court
 - ⇒ Frisbee/Disc Golf (9 hole course)
 - ⇒ Phillips Field-Football/Soccer



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