



PHILLIPS

Recreation Center



CURRENT PROGRAM OFFERINGS—Children

- ⇒ **Phillips Sports** **Ages 5-17** **FREE**
Thursdays—3:30 to 4:30 PM
December 18, 2025 to February 19, 2026: A kids will enjoy playing a fun, classic game like Kixball, Wiffleball, Dodgeball, Volleyball, Soccer & Basketball. Developing fundamentals & friendships along with teamwork & sportsmanship.
- ⇒ **CARRICK Community Info Hub for Teens** **Ages 7-18** **FREE**
Thursdays—5 to 6:30 PM
December 18, 2025 to February 19, 2026: **What's up in Carrick & What's coming up!** Youth & Center Staff will work together to create a bulletin of upcoming events & results of past events in the Carrick community, along with announcements and business shout-outs!
Information can be dropped off at the Center, Monday through Friday, 3:30 PM to Close.
- ⇒ **KinderSports** **Ages 2-5** **FREE**
Mondays—10 to 11:30
September 8, 2025 to May 18, 2026: For children and their parent/guardian. Includes playtime in the gym along with story time, snacks and crafts.
Registration Required—Register in person or call Center
- ⇒ **After-School Club** **Grades 3-12** **FREE**
Mondays-Fridays—3 to 5 PM
September 15, 2025 to May 22, 2026: Staff will be available to help with homework if needed.
Registration Required—Register in person or call Center
- ⇒ **"Teen Talk"** **Ages 13-18** **(FREE)**
Thursdays—5:30 to 7 PM
September 11, 2025—May 22, 2026: A youth mentoring program with Mr. Phil Stinelli/Pittsburgh South Alliance Church. Includes discussion & open gym time. Dinner provided.

**Adult Programming listed on Page 2*

201 Parkfield Street
(Carrick)
Pittsburgh, PA 15210
412-885-7445

HOURS OF OPERATION

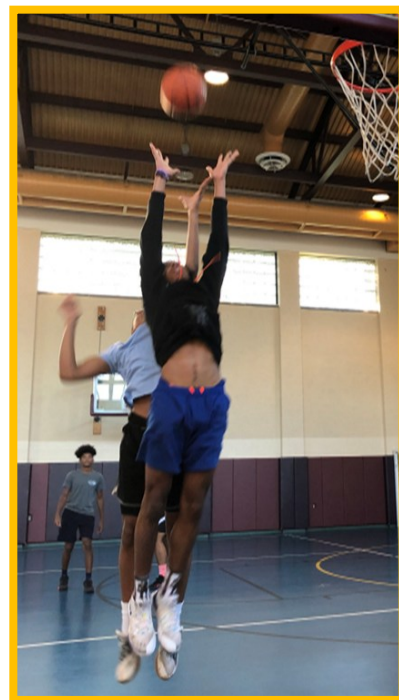
Monday-Friday: 9 AM to 7 PM
Saturday: 8 AM to Noon
Sunday: CLOSED

AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3:30-4 PM

Dinner: 5-6 PM

Free, first come, first served. 18 & under or 21 & under for special needs.



CITIPARKS
RECREATION



PHILLIPS

Recreation Center



CURRENT PROGRAM OFFERINGS—Adults

⇒ **Zumba! Ages 18+ FREE**

Mondays & Wednesdays—6 to 7 PM

September 8, 2025 to May 20, 2026: High-energy dance, full body cardio workout with Latin & International music.

Registration Required—Register in person or call Center

⇒ **Exercise Class for People with Disabilities Ages: 18+ FREE**

Tuesdays—10:30 to 11:30 AM

September 9, 2025 to May 19, 2026: Warrior Class at your own pace, and socialize with peers.

Caregiver must accompany guest.

⇒ **Hockey for People with Disabilities Ages: 18+ FREE**

Wednesdays—10 AM to 2 PM

September 10, 2025 to May 20, 2026: Sports & rec activities, socialization and refreshments.

Caregiver must accompany guest.

Registration Required—Register in person or call Center

⇒ **Arts & Crafts for People with Disabilities Ages: 18+**

\$1/class for each participant

Thursdays—11 AM to 1 PM

September 11, 2025 to May 21, 2026: Arts & Crafts program designed for individuals with special needs to explore creativity, build confidence & and social skills through hands on art projects.

Caregiver must accompany guest.

Registration Required—Register in person or call Center

201 Parkfield Street

(Carrick)

Pittsburgh, PA 15210

412-885-7445

HOURS OF OPERATION

Monday-Friday: 9 AM to 7 PM

Saturday: 8 AM to Noon

Sunday: CLOSED

AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3:30-4 PM

Dinner: 5-6 PM

Free, first come, first served. 18 & under or 21 & under for special needs.

FACILITY/PARK OFFERINGS

- ⇒ Weight Room—requires Fitness Membership (\$5/month)
- ⇒ Full Court Gymnasium
- ⇒ Phillips Park
 - ⇒ Playground
 - ⇒ Basketball Court
 - ⇒ Phillips Swimming Pool (Outdoor/Seasonal)
 - ⇒ Tennis Court
 - ⇒ Frisbee/Disc Golf (9 hole course)
 - ⇒ Phillips Field-Football/Soccer



CITIPARKS
RECREATION