



AMMON Recreation Center



**2217 Bedford Avenue
(Hill District)
Pittsburgh, PA 15219
412-255-2501**

CURRENT PROGRAM OFFERINGS

- ⇒ **Basketball Training Ages 10+ (FREE)**
Mondays-Fridays—3 to 5:30 PM
September 9, 2025—Ongoing: Work on multiple facets of the game that focuses on development of shooting, ball handling & IQ.
- ⇒ **Friday Night Lights Ages 14+ co-ed (FREE)**
Fridays—7 to 8:45 PM
September 5, 2025—Ongoing: Boys & Girls Open Gym Hoops! Play 2 games every Friday with your friends! (10 minute running clock halves)
- ⇒ **Chess Time All Ages FREE**
Mondays-Fridays—All Day
Ongoing: Have a chess background? Challenge staff member Breeze! Just want to learn? Breeze will teach you!
- ⇒ **Table for Two Ages 9+ (FREE)**
Wednesday & Thursdays—5 to 6:30 PM
Ongoing: Come learn the philosophy of Ping-Pong! This program provides physical & mental fitness and improves hand-eye coordination, paddle skills & serves.
- ⇒ **Saturday HOOPS! All Ages (FREE)**
Saturdays—1 to 3 PM
March 6—May 29, 2026: Let's Play! Basketball! Registration not required, drop by any Saturday!

HOURS OF OPERATION

Monday-Friday: 8 AM to 8 PM
Saturday: 11 AM to 3 PM

AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3-4 PM

Dinner: 5-6:30 PM

Free, first come, first served. 18 & under or 21 & under for special needs.

Home to

OZANAM BASKETBALL!



AMMON/MACEDONIA EARTH DAY COMMUNITY CLEAN-UP EVENT

Saturday, April 25, 2026

8 AM to 1 PM

Meet Up at the Rec!



**CITIPARKS
RECREATION**



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⇒ **Adult Fitness Ages 18+ (FREE)**

Mondays-Fridays—3 to 6 PM

September 16, 2024—Ongoing: Weight training and calisthenics for Men & Women. Geared toward those 40+, all are welcome to get fit & stay in shape.

Requires \$5/month Fitness Membership

⇒ **FITNESS/WEIGHT ROOM**

⇒ Mondays—Fridays: 9 AM—9 PM

⇒ Saturdays: 11 AM—3 PM

* Fitness Room is open to those 18 & older, 14+ & accompanied by parent/guardian.

* Fitness Memberships are \$5/month

OZANAM operates out of Ammon Rec Center.

Learn more about Ozanam click [HERE!](#)

OZANAM CONTACT Info:

Boys call (412) 389-4305

Girls call (412) 389-4566

Email: ozanamprogam@gmail.com

FACILITY/PARK OFFERINGS

- ⇒ Weight Room—requires Fitness Membership (\$5/month)
- ⇒ Full Court Gymnasium
- ⇒ Ammon Swimming Pool (Outdoor/Seasonal)
- ⇒ Playground
- ⇒ Basketball Courts
- ⇒ Josh Gibson Baseball Fields



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