



PAULSON

Recreation Center



CURRENT PROGRAM OFFERINGS

⇒ **After School Learning Sessions** **Ages: K-5th Grade (FREE)**

Monday-Thursday: 4-5 PM

September 3, 2024—May 23, 2025—Join us for specialized homework help, co-curricular achievement & extra learning time. This program is concurrent with our KidSMART Club. Rec time included, after learning.

Registration Required—Stop by Center

⇒ **Basketball Clinics** **Ages: 6-13 FREE**

Mondays: 6-7:30 PM

Ongoing through May 19, 2025—Learn basic fundamental skills of basketball with each week building on the skills & drills from the week before. Includes weekly 3 vs. 3 scrimmages.

Registration Required—Stop by Center

⇒ **Cooking Class** **Ages: 8-18 years old (FREE)**

Tuesdays: 5:30-6:30 PM

Ongoing through May 20, 2025—Learn about methods of cooking, different recipes & more! Fun easy meals you can make at home.

Registration Required—Stop by Center

⇒ **G.R.O.T.T.** **Ages: K-5th Grade (FREE)**

Wednesdays: 6-8 PM

September 9, 2024-May 21, 2025—An educational mentorship platform that provides critical thinking activities along with workshop & communications activities; using the fundamentals of chess to apply to life challenges & incorporating multilingual learning.

⇒ **Paulson Night In** **All Ages (FREE)**

Every Other Friday: 6-7:30 PM

March 14 – May 23, 2025—Bring your friends & family every other Friday to enjoy a night in. Free snacks, board games, movies & crafts.

1201 Paulson Avenue
(Lincoln-Lemington-
Belmar)

Pittsburgh, PA 15206
412-665-3627

HOURS OF OPERATION

FALL/WINTER/SPRING:

Monday-Friday: 10 AM to 7 PM

Saturdays: 9 AM to 1 PM

AFTER SCHOOL FOOD PROGRAM

Snack—3-4 PM

Dinner—5-6 PM



**See Page 2 for more programming.*



CITIPARKS
RECREATION



PAULSON Recreation Center



**1201 Paulson Avenue
(Lincoln-Lemington-
Belmar)
Pittsburgh, PA 15206
412-665-3627**

CURRENT PROGRAM OFFERINGS

⇒ **Inclusive Program** **Ages: 18+ FREE**

Tuesdays, Wednesdays & Thursdays: 10-11 AM

March 3-May 28, 2025—Inclusive programming tailored for adults with disabilities. Focusing on basic life skills, fun games & fitness activities in a supportive environment.

TUESDAYS—Basic Fitness & Sports Skills

WEDNESDAYS—Cooking, Arts & Crafts, Basic Life Lessons & more!

THURSDAYS—Board games, table tennis & gym games

Open Gym hours will follow each days activities from 11 AM to 1 PM

Caregiver must accompany guest.

HOURS OF OPERATION

FALL/WINTER/SPRING:

Monday-Friday: 10 AM to 7 PM

Saturdays: 9 AM to 1 PM

FACILITY/PARK OFFERINGS

⇒ Weight Room—requires Fitness Membership (\$5/month)

⇒ Indoor Gymnasium/Basketball Court

⇒ Nearby: Paulson Park (1300 Paulson Avenue)

⇒ Playground

⇒ Spray Park

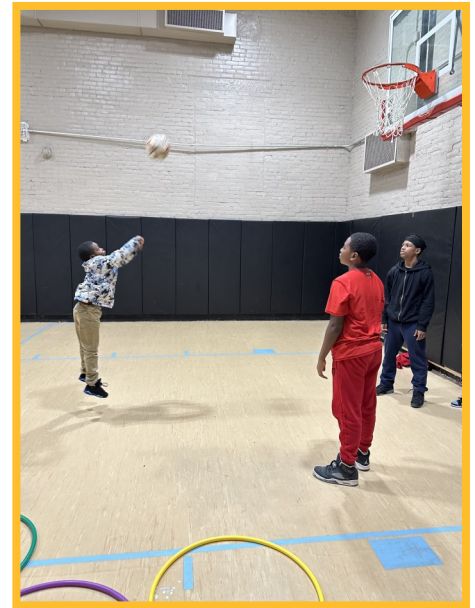
⇒ Basketball Court

⇒ Paulson Field-Baseball

AFTER SCHOOL FOOD PROGRAM

Snack—3-4 PM

Dinner—5-6 PM



CITIPARKS
RECREATION

Paulson Recreation Center

INCLUSIVE PROGRAM

TUESDAY-THURSDAY 10 AM-11 AM

Join us at Paulson Recreation Center for inclusive programming tailored for adults with disabilities! Our engaging sessions focus on basic life skills, fun games, and fitness activities. Don't miss out on this opportunity to learn, play, and stay active in a welcoming and supportive environment. See you there!



Programs:

- **Tuesday: Fitness**
 - Basic fitness and sport skills
- **Wednesday: Basic Life Skills**
 - Cooking, arts and crafts, basic life lessons and more!
- **Thursday: Games**
 - Board games, table tennis, and gym games

Free to register! Adults 18+

March 3- May 28 10:00 AM- 11:00 AM

* Open gym hours will follow from 11:00 AM-1:00 PM for free time and open gym

Contact Information:

📍 Paulson Recreation Center
1201 Paulson Ave, Pittsburgh PA 15206

📞 412-665-3627

✉️ margaret.buck@pittsburghpa.gov

SPECIAL NOTE:

We kindly request that individuals with disabilities attending our program must be accompanied by a companion who does not have a disability. This policy is in place to ensure the safety and well-being of all participants and to provide necessary support during the program.

We appreciate your understanding and cooperation in adhering to this guideline. If you have any questions or require assistance in finding a suitable companion, please feel free to reach out to our staff.

Thank you for your cooperation and for helping us create an inclusive and supportive environment for all participants.



CITIPARKS
RECREATION



YOU'RE INVITED

PAULSON NIGHT IN

Bring your friends and family every other Friday to enjoy a night in. **Free** snacks, board games, movies, and crafts.

EVERY OTHER FRIDAY FROM 5:30-6:30 PM

MARCH 3- MAY 26

**Paulson
Recreation Center**

1201 Paulson Ave
Pittsburgh, PA 15206

All ages welcome! Yes, even adults! Kids under 5 years old must be accompanied by an adult at all times.

Questions or concerns?

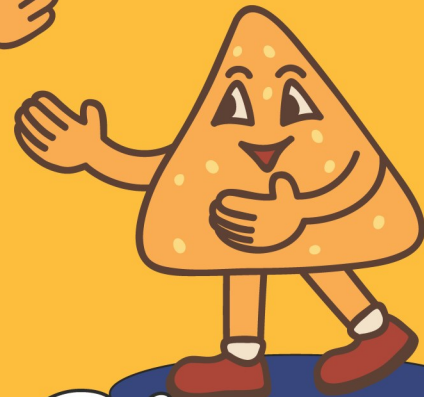
Email margaret.buck@pittsburghpa.gov

Call 412- 665-3627





CITIPARKS



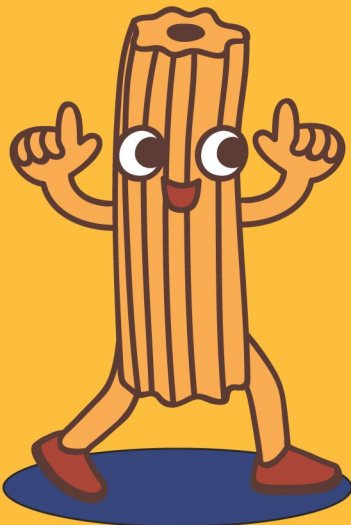
Cooking Class

Come join us at Paulson Recreation Center for cooking class. Learn about methods of cooking, different recipes, and much more!

MARCH 3- MAY 26
Every Tuesday
5:30 PM- 6:30 PM

Free
Ages 8-18

Paulson Rec
1201 Paulson Ave
Pittsburgh, PA



Questions?

CARLA.MACK@PITTSBURGHPA.GOV

412-665-3627



CITIPARKS
RECREATION

BASKETBALL CLINICS

FREE

AGES 6-13



**EVERY
MONDAY**
MARCH 3- MAY 26

PAULSON REC CENTER
1201 PAULSON AVE
PITTSBURGH, PA 15206

**5:30 PM-
6:30 PM**

QUESTIONS?

WILLIAM.WELLS@PITTSBURGHPA.GOV
412-665-3627