



PHILLIPS

Recreation Center



CURRENT PROGRAM OFFERINGS—Children

⇒ **Indoor Youth Soccer** **Ages 5-12** **FREE**

Tuesdays—Ages 5-8—3:30 to 5 PM

Ages 9-12—5 to 6:30 PM

September 9 to December 16, 2025: A fun, energetic program focusing on developing fundamental skills, teamwork & sportsmanship in a supportive, active environment.

Registration Required—Register in person or call Center

⇒ **Junior Journalists** **Ages 8-14** **FREE**

Mondays & Thursdays—4 to 5 PM

September 8 to December 15, 2025: Kids will help create a bi-weekly newsletter for the rec center & community of Carrick.

Future newscasters & podcasters welcome! Equipment provided.

Registration Required—Register in person or call Center

⇒ **KinderSports** **Ages 2-5** **FREE**

Mondays—10 to 11:30

September 8 to December 15, 2025: For children and their parent/guardian. Includes playtime in the gym along with story time, snacks and crafts.

Registration Required—Register in person or call Center

⇒ **After-School Club** **Grades 3-12** **FREE**

Mondays-Fridays—3 to 5 PM

September 15 to December 19, 2025: Staff will be available to help with homework if needed.

Registration Required—Register in person or call Center

⇒ **“Teen Talk”** **Ages 13-18** **(FREE)**

Thursdays—5:30 to 7 PM

September 11, 2025—Ongoing: A youth mentoring program with Mr. Phil Stinelli/Pittsburgh South Alliance Church. Includes discussion & open gym time. Dinner provided.

Registration Required—Register in person or call Center

**Adult Programming listed on Page 2*

201 Parkfield Street

(Carrick)

Pittsburgh, PA 15210

412-885-7445

HOURS OF OPERATION

Monday-Friday: 9 AM to 7 PM

Saturday: 8 AM to Noon

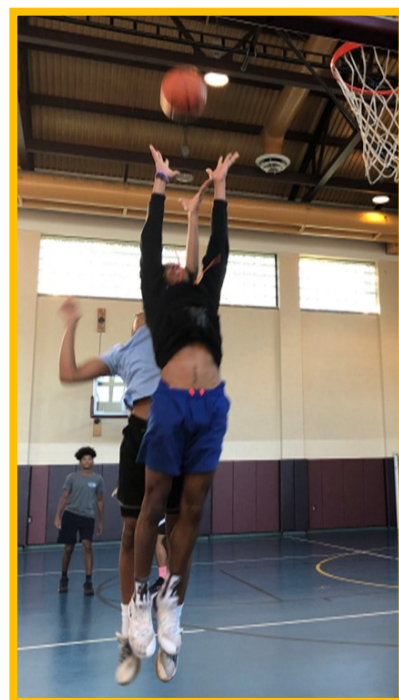
Sunday: CLOSED

AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3:30-4 PM

Dinner: 5-6 PM

Free, first come, first served. 18 & under or 21 & under for special needs.



CITIPARKS
RECREATION



PHILLIPS

Recreation Center



CURRENT PROGRAM OFFERINGS—Adults

⇒ **Pickleball Ages 18+ FREE**

Mondays—12 to 2 PM

Fridays—9 AM to 3 PM

September 8 to December 19, 2025: Drop-in session designed for players of all skill levels. Enjoy casual, friendly matches in a welcoming, air-conditioned environment.

⇒ **Zumba! Ages 18+ FREE**

Mondays & Wednesdays—6 to 7 PM

September 8 to December 15, 2025: High-energy dance, full body cardio workout with Latin & International music.

Registration Required—Register in person or call Center

⇒ **Exercise Class for People with Disabilities Ages: 18+ FREE**

Tuesdays—10:30 to 11:30 AM

September 9 to December 16, 2025: Warrior Class at your own pace, and socialize with peers.

Caregiver must accompany guest.

⇒ **Hockey for People with Disabilities Ages: 18+ FREE**

Wednesdays—10 AM to 2 PM

September 10 to December 17, 2025: Sports & rec activities, socialization and refreshments.

Caregiver must accompany guest.

Registration Required—Register in person or call Center

⇒ **Arts & Crafts for People with Disabilities Ages: 18+**

\$1/class for each participant

Thursdays—11 AM to 1 PM

September 11 to December 18, 2025: Arts & Crafts program designed for individuals with special needs to explore creativity, build confidence & and social skills through hands on art projects.

Caregiver must accompany guest.

Registration Required—Register in person or call Center

201 Parkfield Street

(Carrick)

Pittsburgh, PA 15210

412-885-7445

HOURS OF OPERATION

Monday-Friday: 9 AM to 7 PM

Saturday: 8 AM to Noon

Sunday: CLOSED

AFTER-SCHOOL FOOD SERVICE PROGRAM

Snack: 3:30-4 PM

Dinner: 5-6 PM

Free, first come, first served. 18 & under or 21 & under for special needs.

FACILITY/PARK OFFERINGS

- ⇒ Weight Room—requires Fitness Membership (\$5/month)
- ⇒ Full Court Gymnasium
- ⇒ Phillips Park
 - ⇒ Playground
 - ⇒ Basketball Court
 - ⇒ Phillips Swimming Pool (Outdoor/Seasonal)
 - ⇒ Tennis Court
 - ⇒ Frisbee/Disc Golf (9 hole course)
 - ⇒ Phillips Field-Football/Soccer



CITIPARKS
RECREATION