



CITY OF PITTSBURGH

Emergency Management Agency

Luke Ravenstahl, Mayor

Michael H. Huss, Director

For emergencies, it is important to have necessary supplies. While it is recommended to purchase all needed items for supplies and a 72 Hour Kit at once, the below list provides a way that it may be put together on a budget. It provides suggestions for family planning and hazard preparedness. Each week may be considered as a separate unit to be done individually, allowing people to choose weeks as necessary or combine multiple weeks in one trip. Weekly preparation will also maintain preparedness as a common practice in your home, and will help your family respond in a calm and prepared manner to emergency situations.

Note: Items marked with an asterisk "*" should be purchased for each member of the household. For water, plan to have **one gallon of water, per person, per day.** ***Pets should be counted also when figuring water!***

Week 1, From Grocery Store	Week 2, From Hardware Store	Week 3, From Grocery Store	Week 4, From Hardware Store
<input type="checkbox"/> 1 gallon Water* <input type="checkbox"/> 1 jar Peanut Butter <input type="checkbox"/> 32 oz canned Juice <input type="checkbox"/> 1 manual Can Opener <input type="checkbox"/> Instant Coffee, Tea and Powdered Drink Mix <input type="checkbox"/> Permanent Marking Pen to mark dates <input type="checkbox"/> 1 gal Water per Pet ALSO: Pet food, Diapers, Baby food To Do: <input type="checkbox"/> Make Family Plan <input type="checkbox"/> Date perishable food items using pen	<input type="checkbox"/> Crescent Wrench <input type="checkbox"/> 50 ft Heavy Rope <input type="checkbox"/> 1 roll Duct Tape <input type="checkbox"/> 2 Flashlights with batteries <input type="checkbox"/> "Bungee" Cords ALSO: Pet leash or carrier To Do: <input type="checkbox"/> Check for household hazards <input type="checkbox"/> Add latches to kitchen cabinet doors and acquire / install window protection devices	<input type="checkbox"/> 1 gallon Water* <input type="checkbox"/> 8 oz canned Meat* <input type="checkbox"/> 16 oz canned Fruit <input type="checkbox"/> 1 bx Sanitary Napkins <input type="checkbox"/> 1 Video Tape <input type="checkbox"/> 1 gal Water per Pet ALSO: Pet food, Diapers, Baby food To Do: <input type="checkbox"/> Video tape home contents for insurance purposes <input type="checkbox"/> Store video tape in a secure location	<input type="checkbox"/> 1 roll Plumber's Tape <input type="checkbox"/> 1 Crow bar <input type="checkbox"/> Smoke Detector with batteries ALSO: extra medications or prescriptions marked "emergency use" if needed To Do: <input type="checkbox"/> Install / Test smoke detectors <input type="checkbox"/> Plan for Pet sheltering



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Week 5, From Grocery Store	Week 6, From First Aid Supply Store	Week 7, From Grocery Store	Week 8, From First Aid Supply Store
<input type="checkbox"/> 1 gal Water* <input type="checkbox"/> 8 oz canned Meat* <input type="checkbox"/> 16 oz canned Fruit* <input type="checkbox"/> 16 oz canned Vegetables* <input type="checkbox"/> 2 roll Toilet Paper* <input type="checkbox"/> Extra Toothbrush* <input type="checkbox"/> Toothpaste ALSO: Special Diet Foods if needed To Do: <input type="checkbox"/> Have home fire drill	<input type="checkbox"/> Aspirin or Acetaminophin <input type="checkbox"/> Compresses <input type="checkbox"/> Roller Gauze <input type="checkbox"/> First Aid Tape <input type="checkbox"/> Adhesive Bandages <input type="checkbox"/> Emergency Cell Phone ALSO: extra hearing aid batteries if needed To Do: <input type="checkbox"/> Check into Day Care or School Disaster Plans if you have children	<input type="checkbox"/> 1 gallon Water* <input type="checkbox"/> 16 oz Ready-To-Eat Soup* <input type="checkbox"/> 16 oz canned Fruit* <input type="checkbox"/> 16 oz canned Vegetables* <input type="checkbox"/> 1 gal Water per Pet ALSO: Extra plastic baby bottles, formula and diapers if needed To Do: <input type="checkbox"/> Establish an Emergency Contact	<input type="checkbox"/> Scissors <input type="checkbox"/> Tweezers <input type="checkbox"/> Antiseptic <input type="checkbox"/> Thermometer <input type="checkbox"/> Liquid Hand Soap <input type="checkbox"/> Disposable hand wipes <input type="checkbox"/> Sewing Kit ALSO: Extra glasses, saline solution, contact lenses and lens case if needed To Do: <input type="checkbox"/> Place extra shoes and flashlight under beds for emergency use at night
Week 9, From Grocery Store	Week 10, From Hardware Store	Week 11, From Grocery Store	Week 12, From First Aid Supply Store
<input type="checkbox"/> 1 gallon Water* <input type="checkbox"/> 16 oz Ready-To-Eat Soup* <input type="checkbox"/> Liquid Dish Soap <input type="checkbox"/> Plain Liquid Bleach <input type="checkbox"/> 1 box Heavy Garbage Bags <input type="checkbox"/> 1 gal Water per Pet ALSO: Extra Pet food, Diapers, Baby food To Do: <input type="checkbox"/> place "family photos" in a secure place	<input type="checkbox"/> Waterproof portable plastic container with lid for important papers <input type="checkbox"/> Portable AM/FM radio with batteries ALSO: Blankets or sleeping bags for each family member To Do: <input type="checkbox"/> Photocopy important documents <input type="checkbox"/> Store securely	<input type="checkbox"/> 32 oz canned Juice* <input type="checkbox"/> Large plastic food bags <input type="checkbox"/> 1 box energy snacks <input type="checkbox"/> 3 roll paper towels ALSO: Sunscreen To Do: <input type="checkbox"/> Store a roll of quarters and dimes for phone calls <input type="checkbox"/> Locate nearest payphone	<input type="checkbox"/> Anti-diarrhea medicine <input type="checkbox"/> Rubbing alcohol <input type="checkbox"/> 2 pr latex gloves <input type="checkbox"/> Ipecac syrup and activated charcoal <input type="checkbox"/> Children's vitamins <input type="checkbox"/> Local maps ALSO: Denture care items if needed To Do: <input type="checkbox"/> Locate utility shut offs and show the family



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Week 13, From Hardware Store

- Whistle
- ABC Fire Extinguisher
- Pliers
- Vise-Grips

To Do:

- Take First Aid and CPR classes

Week 14, From Grocery Store

- 16 oz canned Fruit*
- 8 oz canned Meat*
- 16 oz canned Vegetables*
- 1 pk Paper Plates
- 1 pk Plastic Utensils
- 1 pk Paper Cups
- Adult Vitamins

To Do:

- Plan to check on neighbors

Week 15, From Hardware Store

- Extra Flashlight with batteries
- 1 roll Masking Tape
- Hammer
- Assorted Nails
- "L" brackets for securing furniture
- Wood Screws

To Do:

- Check roof turbines and prepare covers or plan for storage
- Secure Water Heater and other appliances and furniture against movement

Week 16, From Grocery Store

- 8 oz canned Meat*
- 16 oz canned Vegetables*
- Heavy Garbage Bags
- Kleenex
- Quick energy snacks

To Do:

- Find neighborhood safety organizations
- Join them

Week 17, From Grocery Store

- 1 box Graham Crackers
- Assorted plastic containers with lids
- Assorted safety pins
- Dry cereal

To Do:

- Arrange for friend or neighbor to care for children when needed

Week 18, From Hardware Store

- Latches or fasteners for cupboards
- Double sided tape and velcro fasteners

To Do:

- Pack a "go-pack" in case of evacuation
- Finish securing cabinets, furniture and appliances

Week 19, From Grocery Store

- Heavy garbage bags
- Quick energy snacks

To Do:

- Have home disaster drill

Week 20, From Hardware Store

- Camping or utility knife
- Extra radio with batteries

ALSO: Purchase emergency escape ladder for second floor bedrooms if needed

To Do:

- Learn workplace disaster plans



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**Week 21, From
Hardware Store**

- Heavy work gloves
- Disposable dust masks
- Screwdrivers
- Safety goggles

**Week 22, From
Hardware Store**

- Extra manual can opener
- 3 roll Paper towels

**Week 23, From
Grocery Store**

- Camping lantern with extra fuel or batteries
- Extra flashlights with batteries

**Week 24, From
Hardware Store**

- Large plastic food containers
- Plastic food wrap
- Aluminum Foil